

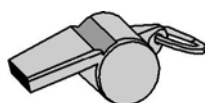


Your Personal Go-Kit Top Eleven!

Keep a "Go-Kit" in your home, work and car – if an emergency strikes, you just pick up the kit and GO! Here is a list of the top eleven items that should be in your bag:



Food
Water
Clothes
Flashlight
Whistle
Duct Tape
Garbage Bags
Radio
First Aid Kit



Duct Tape

Garbage Bags

Radio

First Aid Kit



Identification Papers

Personal Support Items

(e.g. medication, eyeglasses, hearing aid)



Five Easy Things You Can Do to Be Prepared:



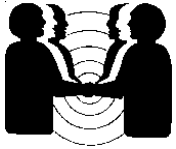
- ☐ **CARRY** a keychain flashlight and whistle with you everywhere
- ☐ **NOTE** important information – contacts and resources – and keep it safe
- ☐ **ASK** about preparedness – at your children's school, your work, or your neighborhood group
- ☐ **TELL** people what they need to know – how to contact you, how to evacuate, how to prepare
- ☐ **PACK** a go-kit that you can carry with you to leave safely in a hurry

Go to ...



CARD (Collaborating Agencies Responding to Disasters)
(510) 451-3140 | www.FirstVictims.org | info@firstvictims.org

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A Secure Home Is A Happy Home

7 steps to make your home or other places safer.



MOVE heavy furniture (such as bookcases) away from beds, couches, and other places where people sit or sleep. Also make sure that exit paths are clear of clutter.

SECURE large furniture and appliances with flexible nylon safety straps. When attaching straps to the wall, make sure they are attached to the studs in the wall.

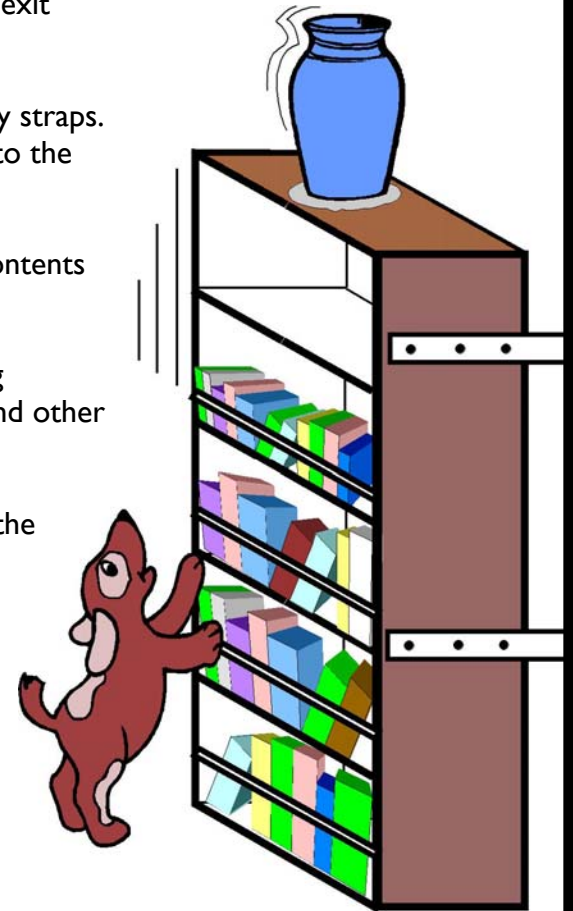
INSTALL latches on kitchen or other cabinet doors to keep contents inside during an earthquake, even if they break.

PROTECT fingers and toes, and keep your home safer by using adhesives such as earthquake putty to keep vases, knickknacks and other fragile items from falling and breaking.

SECURE water heaters with two straps, one near the top and the other near the base. Firmly anchor these straps to the studs or masonry. Bracing kits are widely available to make this easier.

HANG painting and other objects on closed hooks so that stay on the wall during an earthquake.

RETROFIT your home if possible. Homeowners and renters should explore what government and private resources are available to help make this happen.



CARD was created by local community agencies after the October 1989 Loma Prieta earthquake to serve vulnerable and special needs residents whose preparedness, response and recovery needs are not fully addressed by traditional disaster response agencies (FEMA, Red Cross, Offices of Emergency Services, etc.) For nonprofits, faith-based organizations and private sector partners, CARD offers a "no fear, no threat messages" prosperity-based curriculum, designed to address the cultural, social and financial needs and learning styles of community agencies serving our increasingly diverse, global society.

Funded by Pacific Gas and Electric Company, United Way of the Bay Area, Alameda County Operational Area, City of Dublin, City of San Leandro and other local agencies, CARD's vision is to empower the full participation of all vulnerable and diverse communities to create the most humane, inclusive and prepared community in the world.

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